

CAMPING

BEFORE YOU LEAVE

- Charge rechargeable batteries
- Charge camera batteries
- Freeze blocks of ice
- Grocery shopping
- Get cash
- Print campsite directions & reservation information

SHELTER & SLEEPING

- Tent w/ poles, stakes and rain fly
- Footprint or tarp
- Sleeping pad, cot, or air mattress
- Sleeping bag
- Pillow
- Camp chair/stool



COOKING & MEALS

- Camping Stove & propane/butane
- Cooking Grate (for campfire grilling)
- Kettle/Percolator
- Camping cookware & utensils
- Plates, bowls, cups, mugs, cutlery
- Cutting board & knives
- Potholders/oven mitts
- Towels/napkins
- Biodegradable soap/sponge
- Buckets or sink for washing dishes

- Can opener/bottle opener/cork screw
- Ziploc bags (in various sizes)
- Storage Containers
- Trash bags
- Aluminum Foil/ Plastic Wrap
- Cooler and ice
- Tablecloth for picnic table
- Firewood/charcoal (if grilling)
- Fire starter/BBQ style lighter (long)



FOOD

- Ingredients for each meal + recipes
- Snacks/fruit
- Condiments & spices
- Butter & cooking oil
- Beverages/coffee/tea/hot chocolate
- Drinking water & water bottle

PERSONAL ITEMS

- Toiletries
- Toothpaste/Toothbrush
- Deodorant
- Toilet paper/wet wipes



- Sunscreen & sunglasses
- Personal prescriptions & meds
- Lip balm
- Hand sanitizer
- Mirror/brush/comb
- Razor
- Eyeshades/earplugs
- Washcloth & towel
- Nail kit w/ clippers & tweezers

CLOTHING & FOOTWEAR

- Shirts (for layering)
- Quick-drying pants/shorts
- Underwear
- Sun-shielding hat or baseball cap
- Warm hat and gloves
- Swimsuit
- Hiking shoes or boots
- Socks (synthetic or wool)
- Long underwear (wool or polypro)
- Sleepwear
- Rain gear
- Fleece jacket
- Camp shoes (flip flops/crocs)



- Hydrocortisone
- 100% Aloe Vera Gel
- Moleskin (for blisters)
- Lubricating eye drops
- Loperamide tablets (for diarrhea)
- Poison Oak/Ivy prevention & treatment
- Emergency whistle
- Directions to the nearest ER



MISCELLANEOUS

- Trowel/hand shovel/axe/hammer
- Camping lantern
- Travel alarm clock
- Head lamp and/or flashlight
- Extra batteries
- Camera/camcorder & memory cards
- Maps/guidebooks
- Cell phone car charger
- Swiss Army Knife
- GPS or compass
- Daypack + 10 essentials
- Entertainment - Games, cards, books



SAFETY & FIRST AID

- First-Aid Kit
- Ibuprofen & Aspirin
- Insect Repellent/Insect-sting relief
- Allergy Medication
- Antacid tablets
- Burn cream

